

Barbican Pasta Bar *Menu*

Mixed olives	4.50
Warm Panini bread	3.00
Homemade soup of the day Served with crusty bread	6.50
Prawn cocktail Served with crusty roll	8.50
Garlic Bread	4.00
Garlic bread with cheese	5.00
Garlic mushrooms Pan fried in garlic with a dash of cream	7.50
Stuffed mushrooms Mushrooms filled with pate, dipped in batter, Deep fried golden brown, served with a garlic dip	7.50
Grilled halloumi Served with rocket, cherry tomatoes and pitta bread	6.90
Taramasalata With pitta bread	7.20
Half rack of ribs Chargrilled and coated in our own BBQ sauce	8.90
Nachos Tortilla chips topped with melted cheese and served with sour cream and salsa dips	7.90
Caprese Tomato and buffalo mozzarella drizzled in pesto, olive oil and garnished with mixed leaves	7.90

Spaghetti al pomodoro Cooked in our own tomato and herb sauce.	10.50
Spaghetti Bolognese Traditionally cooked in a meat a tomato sauce.	12.00
Traditional homemade meatballs In our own tomato sauce served over spaghetti.	12.50
Pasta cordon bleu Tender pieces of chicken pan fried with leeks and ham, finished in a tasty stilton and cream sauce and served with penne pasta.	13.50
Spaghetti Marinara Served with a selection of seafood and finished in our own tomato sauce.	15.50
Fillet of salmon In a lime and coriander marinade, served with spaghetti tossed with cherry tomatoes, rocket, spring onion and olive oil.	15.50
Spaghetti amatriciana Strips of bacon pan fried in our own chilli and tomato sauce.	12.50
Spaghetti puttanesca Anchovies and olives with a touch of basil finished in a light tomato sauce.	12.50
Cincinnati Chilli Penne pasta covered in a chilli con carne sauce, Topped with grated cheese and chopped onions.	12.00
Lasagne Layers of pasta, tomatoes, herbs and fresh ground beef, topped with a cream and cheese sauce.	11.50
Pollo e Funghi Ribbons of pasta cooked with chicken and mushroom, finished in cream, parmesan and tomato sauce.	12.90
Bistecca Pasta Strips of prime beef, pan fried with onions and mushrooms and finished in a red wine and cream sauce, served with spaghetti.	14.90
Tonno e funghi Ribbons of pasta cooked with tuna and mushrooms, and finished in a cream and tomato sauce	13.00
Tagliatelle Ribbons of pasta cooked with ham and mushrooms, finished in a cream and parmesan wine sauce.	12.50

Starters

Chilli poppers Jalapenos filled with cream cheese coated in breadcrumbs, Deep fried golden crisp and served with a salsa dip	7.50
The Combo (minimum two persons) A mouthwatering combination of our favourite starters for two Persons. Stuffed mushrooms, Chicken wings, Chicken goujons, ribs and chilli poppers, With our garlic and salsa dip	17.50
Chicken wings Prepared in our own special BBQ sauce	6.90
Chicken Goujons Tender strips of chicken, coated in light breadcrumbs, Fried golden crisp served with a smoked BBQ dip	7.90
Potato Skins Crispy potato skins covered with melted cheese and topped with a choice of sliced mushrooms or crispy bacon	7.90
Bruschetta with tomato Fresh tomatoes finely chopped, drizzled with extra virgin olive oil and basil served on crispy garlic bread	6.50
Bruschetta with goats cheese Goats cheese with caramelised red onion, melted on crispy garlic ciabatta, with rocket and a drizzle of olive oil.	7.00
Antipasto A traditional Italian starter of salami. Parma ham, tomato, mozzarella, mixed leaves and olives, drizzled with extra virgin olive oil.	8.90
Calamari Calamari dusted in flour with a pinch of rock salt, pepper and a dash of lemon juice, served with garlic mayonnaise dip	7.90
King Prawns Cooked in our homemade chilli and tomato sauce or in a cream, garlic and white wine sauce	9.50

Pasta dishes

Fettucine special Ribbons of pasta with prawns and mushrooms cooked in a light tomato and cream sauce.	14.00
Spaghetti carbonara Pasta cooked with bacon in a cream, egg yolk and parmesan sauce.	12.50
Mediterranean pasta Bacon, mushrooms, cherry tomatoes, red onions and courgettes, pan-fried in chilli, garlic and olive oil, tossed with spaghetti.	12.50
Chicken pesto Tender pieces of chicken, pan-fried in a pesto, cream, mushroom and parmesan sauce, and served with penne pasta.	12.90
Stir-fry spaghetti	
Chicken	12.90
Beef	13.90
A fine selection of stir-fry vegetables and pasta cooked in our own oriental sauce served with a choice of prime strips of beef or succulent pieces of chicken.	
Cajun pasta	
Chicken	12.90
Beef	13.90
Strips of prime beef or chicken, cooked with mushrooms, courgettes, peppers and fresh chilli, finished in our homemade tomato sauce and served with penne pasta.	
Cannelloni Pasta tubes filled with tasty minced beef and herbs, cooked in our homemade tomato sauce and topped with a cream and mozzarella sauce.	12.00
Korma Pasta Succulent pieces of chicken with mushrooms cooked in a mild curry sauce served on a bed of spaghetti.	12.90
Fettucine Pasta with sliced mushrooms, bacon and peas finished in a cream and tomato sauce.	12.50
King prawn special Cooked in our homemade chilli and tomato sauce or cream, garlic and white wine sauce, served with spaghetti.	17.50

Gluten free pasta and Childrens portions available

Homemade 10" traditional pizza

Margherita	11.00
With mozzarella cheese and tomato sauce.	
Mexican	12.90
Hot chillies, Ground beef, onion and peppers.	
American	12.90
Pepperoni, mushrooms, ham and green peppers.	
Four seasons	13.90
Pizza base divided into four sections and individually topped with pepperoni, ham and mushroom, chicken, peppers and onions.	
Seafood	13.90
With selection of seafood.	
Pizza Roma	13.50
Parma ham, goats cheese, cherry tomatoes and rocket.	
Meat feast	13.50
Pepperoni, salami, ground beef and ham.	
Extra toppings: Anchovies	1.50
Olives	1.50
Green peppers	1.50
Ham	1.50
Ground beef	1.50
Pepperoni	1.50
Salami	1.50
Bacon	1.50
Mushrooms	1.50
Onions	1.50

Pan fried

Chicken la-ti-dah	13.50
Tender fillets of chicken, pan fried in lemon juice and a dash of cream, served with pitta bread, mixed salad and chips	
Chicken picante	13.50
Tender fillets of chicken fried in garlic butter, mushrooms, chillies and green peppers, served with pitta, mixed salad and chips	
Pasta and grill combo	
Chicken	15.50
Sirloin steak	18.50
Choose a fillet of chicken or a 8oz sirloin steak accompanied by your choice of pasta.	
Napolitana (tomato and chilli)	
Alfredo (Cream and parmesan)	
Chicken barbican	14.50
Succulent breast of chicken in our own tomato sauce, topped with mozzarella and cream sauce, gently baked and served with a mixed salad and jacket potato.	
Lamb shank	19.50
Oven cooked with rosemary and fresh herbs. Served with a jacket potato or fries and stir fried vegetables.	
Pork medallions	13.50
Cooked in a cream and peppercorn sauce, served with stir fried vegetables and chips.	

Side orders

Onion rings	4.50
French fries	4.50
Jacket potato	4.00
Garlic bread	4.00
Mixed salad	4.50
Greek salad	6.50

Vegetarian dishes

Vegetarian pasta	12.50
Ribbons of pasta with a selection of fresh vegetables cooked in our own tomato sauce	
Vegetarian Cannelloni	12.50
Pasta tubes filled with mixed vegetables, herbs and tomato topped with a cream and cheese sauce	
Vegetable pizza	12.50
Topped with fresh tomatoes, mushrooms, green peppers and onions	
Stir fry pasta	12.50
A selection of stir fry vegetables, cooked in our own oriental sauce and served with spaghetti	
Vegetarian stilton pasta	12.50
Selection of fresh vegetables cooked in a cream and stilton sauce and served with penne pasta	
Vegetable Mediterranean	12.50
Mushrooms, cherry tomatoes, red onion and courgettes, pan-fried in chilli, garlic and olive oil, tossed with spaghetti	
Spaghetti primavera	12.50
Pasta cooked with mozzarella, cherry tomatoes and rocket, finished in a tomato pesto sauce.	

Char Grills

Sirloin steak sandwich	15.50
Chargrilled and served in ciabatta, with rocket, tomato, red onion and mustard mayo, served with a mixed salad and chips.	
BBQ chicken	13.50
Succulent chicken, char grilled with our own BBQ sauce, served with a mixed salad and chips.	
Chicken wings	13.50
Prepared in our own special BBQ sauce, chargrilled and served with a side salad and chips.	
BBQ ribs	17.90
Prime rack of ribs, chargrilled to your taste and served with chips and mixed salad.	
Sirloin steak	24.00
(Approx 10oz) chargrilled to your taste and served with chips and mixed salad or fresh vegetables	
Chargrilled chicken	13.50
Succulent fillet of chicken, chargrilled, served with a jacket potato, mixed salad and a mayonnaise dip.	
The medley	17.90
A platter of BBQ chicken and half a rack of ribs served with chips and a mixed salad.	
Chicken ceaser salad	12.50
Our own special salad with tender strips of chargrilled chicken fillets, crispy bacon and croutons, served on a bed of lettuce.	

Burgers

All our burgers are homemade with prime minced beef, charcoal grilled and served in a brioche bun with side salad and chips	
Plain burger	12.50
Charcoal grilled to perfection	
Italian burger	13.50
Topped with mozzarella cheese, fresh tomatoes and rocket	
Deluxe burger	13.50
Topped with crispy bacon and melted cheese	