

# Barbican Pasta Bar *Menu*

<b>Mixed olives</b>	3.50
<b>Warm Panini bread</b>	3.00
<b>Homemade soup of the day</b> Served with crusty bread	5.50
<b>Prawn cocktail</b> Served with crusty roll	7.90
<b>Garlic Bread</b>	3.50
<b>Garlic bread with cheese</b>	4.00
<b>Garlic mushrooms</b> Pan fried in garlic with a dash of cream	6.50
<b>Stuffed mushrooms</b> Mushrooms filled with pate, dipped in batter, deep fried golden brown, served with a garlic dip	6.50
<b>Grilled halloumi</b> Served with rocket, cherry tomatoes and pitta bread	6.50
<b>Taramasalata</b> With pitta bread	6.00
<b>Half rack of ribs</b> Chargrilled and coated in our own BBQ sauce	7.50
<b>Nachos</b> Tortilla chips topped with melted cheese and served with sour cream and salsa dips	7.00
<b>Caprese</b> Tomato and buffalo mozzarella drizzled in pesto, olive oil and garnished with mixed leaves	7.00
<b>Chilli poppers</b> Jalapenos filled with cream cheese coated in breadcrumbs, deep fried golden crisp and served with a salsa dip	6.50

<b>Spaghetti al pomodoro</b> Cooked in our own tomato and herb sauce.	9.00
<b>Spaghetti Bolognese</b> Traditionally cooked in a meat a tomato sauce.	10.50
<b>Traditional homemade meatballs</b> In our own tomato sauce served over spaghetti.	10.50
<b>Pasta cordon bleu</b> Tender pieces of chicken pan fried with leeks and ham, finished in a tasty stilton and cream sauce and served with penne pasta.	11.50
<b>Spaghetti Marinara</b> Served with a selection of seafood and finished in our own tomato sauce.	12.90
<b>Fillet of salmon</b> In a lime and coriander marinade, served with spaghetti tossed with cherry tomatoes, rocket, spring onion and olive oil.	12.90
<b>Spaghetti amatriciana</b> Strips of bacon pan fried in our own chilli and tomato sauce.	10.50
<b>Spaghetti puttanesca</b> Anchovies and olives with a touch of basil finished in a light tomato sauce.	10.50
<b>Cincinnati Chilli</b> Penne pasta covered in a chilli con came sauce, Topped with grated cheese and chopped onions.	10.50
<b>Lasagne</b> Layers of pasta, tomatoes, herbs and fresh ground beef, topped with a cream and cheese sauce.	10.50
<b>Polio e Funghi</b> Ribbons of pasta cooked with chicken and mushroom, finished in cream, parmesan and tomato sauce.	11.50
<b>Bistecca Pasta</b> Strips of prime beef, pan fried with onions and mushrooms and finished in a red wine and cream sauce, served with spaghetti.	12.90
<b>Tonno e funghi</b> Ribbons of pasta cooked with tuna and mushrooms, and finished in a cream and tomato sauce	11.50

## *Starters*

<b>The Combo (minimum two persons)</b> A mouthwatering combination of our favourite starters for two Persons. Stuffed mushrooms, Chicken wings, Chicken goujons, ribs and chilli poppers, With our garlic and salsa dip	16.00
<b>Chicken wings</b> Prepared in our own special BBQ sauce	6.50
<b>Chicken Goujons</b> Tender strips of chicken, coated in light breadcrumbs, Fried golden crisp served with a smoked BBQ dip	6.90
<b>Potato Skins</b> Crispy potato skins covered with melted cheese and topped with a choice of sliced mushrooms or crispy bacon	7.50
<b>Bruschetta with tomato</b> Fresh tomatoes finely chopped, drizzled with extra virgin olive oil and basil served on crispy garlic bread	5.50
<b>Bruschetta with goats cheese</b> Goats cheese with caramelised red onion, melted on crispy garlic ciabatta, with rocket and a drizzle of olive oil.	6.50
<b>Antipasto</b> A traditional Italian starter of salami. Parma ham, tomato, mozzarella, mixed leaves and olives, drizzled with extra virgin olive oil.	7.50
<b>Calamari</b> Calamari dusted in flour with a pinch of rock salt, pepper and a dash of lemon juice, served with garlic mayonnaise dip	7.50
<b>King Prawns</b> Cooked in our homemade chilli and tomato sauce or in a cream, garlic and white wine sauce	8.90

## *Pasta dishes*

<b>Fettucine special</b> Ribbons of pasta with prawns and mushrooms cooked in a light tomato and cream sauce.	12.50
<b>Spaghetti carbonara</b> Pasta cooked with bacon in a cream, egg yolk and parmesan sauce.	10.50
<b>Mediterranean pasta</b> Bacon, mushrooms, cherry tomatoes, red onions and courgettes, pan-fried in chilli, garlic and olive oil, tossed with spaghetti.	10.90
<b>Chicken pesto</b> Tender pieces of chicken, pan-fried in a pesto, cream, mushroom and parmesan sauce, and served with penne pasta.	11.50
<b>Stir-fry spaghetti</b>	<b>Chicken</b> 11.50 <b>Beef</b> 12.50
A fine selection of stir-fry vegetables and pasta cooked in our own oriental sauce served with a choice of prime strips of beef or succulent pieces of chicken.	
<b>Cajun pasta</b>	<b>Chicken</b> 11.50 <b>Beef</b> 12.50
Strips of prime beef or chicken, cooked with mushrooms, courgettes, peppers and fresh chilli, finished in our homemade tomato sauce and served with pen ne pasta.	
<b>Cannelloni</b> Pasta tubes filled with tasty minced beef and herbs, cooked in our homemade tomato sauce and topped with a cream and mozzarella sauce.	10.50
<b>Korma Pasta</b> Succulent pieces of chicken with mushrooms cooked in a mild curry sauce served on a bed of spaghetti.	11.50
<b>Fettucine</b> Pasta with sliced mushrooms, bacon and peas finished in a cream and tomato sauce.	10.50
<b>Tagliatelle</b> Ribbons of pasta cooked with ham and mushrooms, finished in a cream and parmesan wine sauce.	10.50

Gluten free pasta and Childrens portions available

## Homemade 10" traditional pizza

<b>Margherita</b> With mozzarella cheese and tomato sauce.	10.00
<b>Mexican</b> Hot chillies, Ground beef, onion and peppers.	12.00
<b>American</b> Pepperoni, mushrooms, ham and green peppers.	12.00
<b>Four seasons</b> Pizza base divided into four sections and individually topped with pepperoni, ham and mushroom, chicken, peppers and onions.	12.90
<b>Seafood</b> With selection of seafood.	12.90
<b>Pizza Roma</b> Parma ham, goats cheese, cherry tomatoes and rocket.	12.50
<b>Meat feast</b> Peppe roni, salami, ground beef and ham.	12.50
<b>Extra toppings:</b>	
<b>Anchovies</b>	1.00
<b>Olives</b>	1.00
<b>Green peppers</b>	1.00
<b>Ham</b>	1.00
<b>Ground beef</b>	1.00
<b>Pepperoni</b>	1.00
<b>Salami</b>	1.00
<b>Bacon</b>	1.00
<b>Mushrooms</b>	1.00
<b>Onions</b>	1.00

## Pan fried

<b>Chicken la-ti-dah</b> Tender fillets of chicken, pan fried in lemon juice and a dash of cream, served with pitta bread, mixed salad and chips	11.50
<b>Chicken picante</b> Tender fillets of chicken fried in garlic butter, mushrooms, chillies and green peppers, served with pitta, mixed salad and chips	11.50
<b>Pasta and grill combo</b>	
<b>Chicken</b>	12.50
<b>Sirloin steak</b>	15.90
Choose a fillet of chicken or a 8oz sirloin steak accompanied by your choice of pasta. Napolitana (tomato and chilli) Alfredo (cream and parmesan)	
<b>Chicken barbicane</b> Succulent breast of chicken in our own tomato sauce, topped with mozzarella and cream sauce, gently baked and served with a mixed salad and jacket potato.	11.50
<b>Lamb shank</b> Oven cooked with rosemary and fresh herbs. Served with a jacket potato or fries and stir fried vegetables.	15.50
<b>Pork medallions</b> Cooked in a cream and peppercorn sauce, served with stir fried vegetables and chips.	11.50

## Side orders

<b>Onion rings</b>	3.00
<b>French fries</b>	3.50
<b>Jacket potato</b>	3.00
<b>Garlic bread</b>	3.50
<b>Mixed salad</b>	4.00
<b>Greek salad</b>	4.50

## Vegetarian dishes

<b>Vegetarian pasta</b> Ribbons of pasta with a selection of fresh vegetables cooked in our own tomato sauce	10.50
<b>Vegetarian Cannelloni</b> Pasta tubes filled with mixed vegetables, herbs and tomato topped with a cream and cheese sauce	10.50
<b>Vegetable pizza</b> Topped with fresh tomatoes, mushrooms, green peppers and onions	10.50
<b>Stir fry pasta</b> A selection of stir fry vegetables, cooked in our own oriental sauce and served with spaghetti	10.50
<b>Vegetarian stilton pasta</b> Selection of fresh vegetables cooked in a cream and stilton sauce and served with penne pasta	11.00
<b>Vegetable Mediterranean</b> Mushrooms, cherry tomatoes, red onion and courgettes, pan-fried in chilli, garlic and olive oil, tossed with spaghetti	10.50
<b>Spaghetti primavera</b> Pasta cooked with mozzarella, cherry tomatoes and rocket, finished in a tomato pesto sauce.	11.00

## Char Grills

<b>Sirloin steak sandwich</b> Chargrilled and served in ciabatta, with rocket, tomato, red onion and mustard mayo, served with a mixed salad and chips.	12.50
<b>BBQ chicken</b> Succulent chicken, char grilled with our own BBQ sauce, served with a mixed salad and chips.	11.00
<b>Chicken wings</b> Prepared in our own special BBQ sauce, chargrilled and served with a side salad and chips.	10.50
<b>BBQ ribs</b> Prime rack of ribs, chargrilled to your taste and served with chips and mixed salad.	15.90
<b>Sirloin steak</b> (Approx 10 oz) chargrilled to your taste and served with chips and mixed salad or fresh vegetables.	19.90
<b>Chargrilled chicken</b> Succulent fillet of chicken, chargrilled, served with a jacket potato, mixed salad and a mayonnaise dip.	11.00
<b>The medley</b> A platter of BBQ chicken and half a rack of ribs served with chips and a mixed salad.	16.50
<b>Caesar salad</b> Our own special salad with tender strips of chargrilled chicken fillets, crispy bacon and croutons, served on a bed of lettuce.	10.50

## Burgers

All our burgers are homemade with prime minced beef, charcoal grilled and served in a brioche bun with side salad and chips

<b>Plain burger</b> Charcoal grilled to perfection	10.50
<b>Extra Cheese</b>	1.00
<b>Italian burger</b> Delicious with our own tomato sauce and mozzarella cheese	11.00
<b>Deluxe burger</b> Topped with crispy bacon and melted cheese	12.00

Gluten free pasta and Childrens portions available